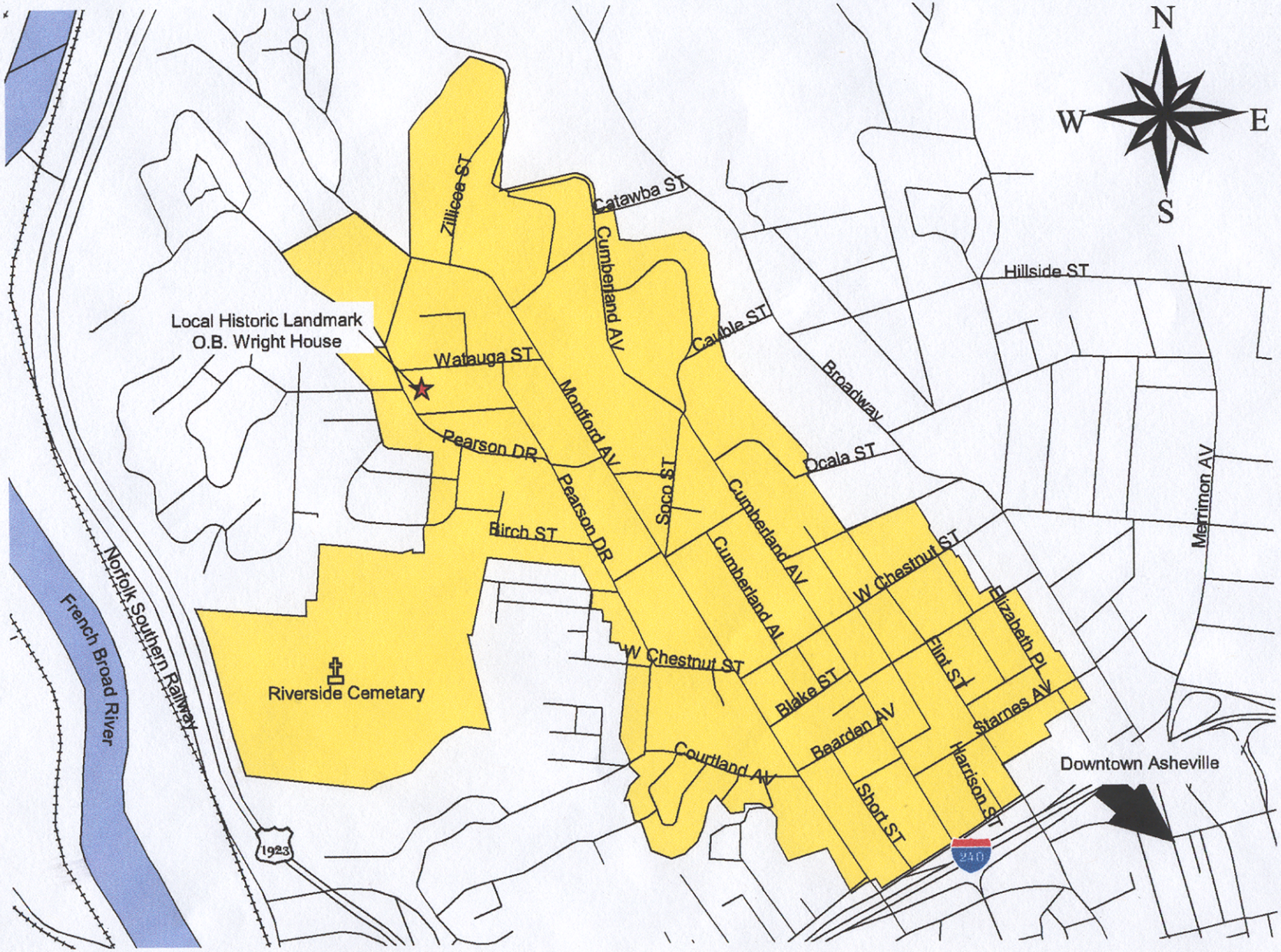Montford Historic District