

MONTFORD RECREATION CENTER

Operating Hours:
Mon 1-8pm
Tu 8am-8pm
We 9am-8pm
Th 9am-8pm
Fr 1-7:30pm
Sa 10-2pm

FALL ADULT PROGRAMS & CENTER INFORMATION

MONTFORD RECREATION CENTER
34 PEARSON DRIVE, ASHEVILLE, NC 28801
(828) 253-3714
MONTFORDR@ASHEVILLENC.GOV
WWW.ASHEVILLENC.GOV/PARKS
FACEBOOK.COM/APRCA



ADULT PROGRAMS

YOGA

TUESDAYS, 8-9AM

BRING YOUR YOGA MAT AND COME READY TO RELAX! NO PRE-REGISTRATION REQUIRED.

FEE: \$3/CLASS.

MARTIAL ARTS - GONG FU

TUESDAYS, 6:30-8PM

JOIN INSTRUCTOR MARK SMALL OF THE CAROLINA WUSHU ASSOCIATION FOR THIS ADULT CLASS.

FEE: \$10/CLASS.

COMMUNITY VOLLEYBALL-ADULT

TUESDAYS, 7-9PM

BRING SOME FRIENDS AND COME PLAY SOME VOLLEYBALL. FEE: \$5

COMMUNITY BASKETBALL-ADULT

SATURDAYS, 10-11AM

COME SHOOT SOME HOOPS OR PLAY A PICKUP GAME. FREE

AFFILIATE PROGRAMS - FREE

TABLE TENNIS: MONDAYS, 5:30-8PM & SATURDAYS, 11AM-2PM

BADMINTON: THURSDAYS, 5:30-8PM & FRIDAYS, 5:30-7:30PM

CENTER INFORMATION & SPECIAL EVENTS

INDOOR CLIMBING WALL

MONDAYS AND THURSDAYS, 5:30-8PM; WEDNESDAYS 10AM-1PM

FOR BEGINNERS TO ADVANCED! \$5/2HOUR WALL ACCESS. HARNESS AND SHOE RENTALS FOR \$2/EACH PER SESSION. BELAYERS \$9/HOUR (MUST BE SCHEDULED IN ADVANCE).

BELAY CARD CLASSES \$25/PERSON. BELAY CARD \$5.

THE WALL IS ALSO AVAILABLE FOR GROUP RENTALS AND BIRTHDAY PARTIES— ASK FOR DETAILS!

COMMUNITY YARD SALE

SATURDAY, SEPTEMBER 6TH, 8AM-1PM

DURING THE SPRING AND FALL, WE OFFER YARD SALES TO HELP FUND YOUTH PROGRAMS.

PRE-PAID REGISTRATION IS REQUIRED BEGINNING JULY 1ST. TABLES ARE JUST \$5.

HOLIDAY CRAFT FAIR

SATURDAY, NOVEMBER 15TH, 8AM-2PM

KICK OFF THE HOLIDAY SHOPPING SEASON WITH A VISIT TO OUR FIRST HOLIDAY CRAFT FAIR.

ENJOY SHOPPING AT THE VENDOR TABLES, DEMONSTRATIONS, RAFFLES AND FOOD.

EVENT IS FREE FOR PATRONS; VENDORS \$15 PER BOOTH SPACE.

MONTFORD PARK PLAYERS

THE MONTFORD PARK PLAYERS HOST NORTH CAROLINA'S LONGEST RUNNING SHAKESPEARE FESTIVAL.

FOUNDED IN 1973, THE THEATRE PRESENTS THE WORKS OF SHAKESPEARE AND OTHER PLAYWRIGHTS

FREE TO THE PUBLIC IN THE HAZEL ROBINSON AMPHITHEATRE EACH WEEKEND DURING THE SUMMER,

AS WELL AS AN ANNUAL PRODUCTION OF A CHRISTMAS CAROL IN DECEMBER. A VOLUNTEER-BASED

ORGANIZATION, THE MONTFORD PARK PLAYERS PROVIDE TOP-QUALITY, EDUCATIONAL AND ENTERTAINING

PRODUCTIONS OF CLASSIC DRAMA IN A PASTORAL OUTDOOR SETTING. FOR MORE INFORMATION, VISIT THEIR

WEBSITE AT WWW.MONTFORDPARKPLAYERS.ORG.

MONTFORD NEIGHBORHOOD ASSOCIATION

MEETINGS ARE HELD THE THIRD TUESDAY OF THE MONTH AT 7PM FOR NEIGHBORS TO FIND OUT WHAT'S

GOING ON IN THE COMMUNITY. CHECK OUT THE WEBSITE AT WWW.MONTFORD.ORG.

MONTFORD CENTER ADVISORY BOARD

MEMBERS OF THIS BOARD HAVE THE OPPORTUNITY TO WORK DIRECTLY WITH CENTER STAFF TO IMPLEMENT

CENTER EVENTS AND PROGRAMS. IF YOU ARE INTERESTED IN PARTICIPATING ON THIS BOARD, PLEASE

CALL THE CENTER.

Montford Center Information

ALL VISITORS MUST SIGN IN AND SHOW A PICTURE ID WHEN YOU ENTER THE FACILITY AFTER 5:30PM.

NO LARGE BAGS, HATS, BANDANAS OR COLORS WILL BE PERMITTED. PLEASE CARRY IN YOUR GYM SHOES.

NO FOOD OR DRINKS IN THE GYMNASIUM. A FULL LIST OF RECREATION CENTER RULES ARE AVAILABLE INSIDE.

LET US KNOW IF YOU WOULD LIKE TO BE ADDED TO OUR EMAIL LIST FOR FUTURE PROGRAM INFORMATION!



ASHEVILLE
Parks & Recreation



VISIT [HTTP://WWW.ASHEVILLENC.GOV/PARKS](http://www.ashevillenc.gov/parks)
OR CALL 828-253-3714 FOR MORE
INFORMATION OR TO REGISTER.