

# MONTFORD RECREATION CENTER

Operating Hours:  
Monday 10-9:30pm  
Tuesday 9am-8pm  
Wednesday 9am-10pm  
Thursday 9am-9:30pm  
Friday 10am-7:30pm  
Saturday 10-2pm

## ADULT PROGRAMS FALL 2015

MONTFORD RECREATION CENTER  
34 PEARSON DRIVE, ASHEVILLE, NC 28801  
(828) 253-3714  
MONTFORDR@ASHEVILLENC.GOV



### ADULT PROGRAMS

#### COED 4-ON-4 VOLLEYBALL TOURNAMENT

SUNDAY, OCTOBER 18 / 9AM-4PM

ADULTS WILL ENJOY AN UN-OFFICIATED ROUND ROBIN TOURNAMENT, FOLLOWED BY A SINGLE ELIMINATION FOR AWARDS.

REGISTRATION DEADLINE IS WEDNESDAY, OCTOBER 14. / \$40 PER TEAM

#### COED 2-ON-2 VOLLEYBALL TOURNAMENT

SUNDAY, DECEMBER 13 / 9AM-4PM

ADULTS WILL ENJOY AN UNOFFICIATED ROUND ROBIN TOURNAMENT, FOLLOWED BY A SINGLE ELIMINATION FOR AWARDS.

REGISTRATION DEADLINE IS WEDNESDAY, DECEMBER 9. / \$20 PER TEAM

#### INDOOR CLIMBING WALL

SEPTEMBER-OCTOBER / MONDAYS, 5:30-8PM & THURSDAYS, 5:30-8PM

NOVEMBER-DECEMBER / MONDAYS, 7-9PM & THURSDAYS, 7-9PM (WOMEN ONLY)

FOR BEGINNERS TO ADVANCED! \$5/2HOUR WALL ACCESS.

HARNES AND SHOE RENTALS FOR \$2/EACH PER SESSION.

BELAYERS \$9/HOUR (MUST BE SCHEDULED IN ADVANCE).

BELAY CARD CLASSES \$25/PERSON (1<sup>ST</sup> SATURDAY OF THE MONTH; PRE-REGISTRATION REQUIRED). BELAY CHALLENGE \$5 (AS SCHEDULED).

THE WALL IS ALSO AVAILABLE FOR GROUP RENTALS AND BIRTHDAY PARTIES SO ASK FOR DETAILS!

#### MARTIAL ARTS - GONG FU

SEPTEMBER-DECEMBER / TUESDAYS, 6:30-8PM

JOIN INSTRUCTOR MARK SMALL OF THE CAROLINA WUSHU ASSOCIATION FOR THIS ADULT CLASS.

FEE: \$10/CLASS

#### COMMUNITY VOLLEYBALL - ADULT

SEPTEMBER-DECEMBER / WEDNESDAYS, 8-10PM

STAFF RUN, 2 COURTS OF PICKUP GAMES. GAMES FOLLOW A 25 POINT RALLY SCORE FORMAT.

BRING A PICTURE ID / FEE: \$5

#### COMMUNITY BASKETBALL-ADULT

SEPTEMBER-DECEMBER / WEDNESDAYS, 5:30-7:30PM

STAFF RUN, HALF COURT PICKUP GAMES. GAMES FOLLOW A 15 MINUTE CLOCK.

BRING A PICTURE ID / FEE: \$1

### AFFILIATE PROGRAMS

#### TABLE TENNIS

AUGUST-OCTOBER / MONDAYS, 5:30-8PM & SATURDAYS, 11AM-2PM

NOVEMBER-DECEMBER / MONDAYS, 7-9:30PM & SATURDAYS, 11AM-2PM

FREE

#### BADMINTON

AUGUST-OCTOBER / THURSDAYS, 5:30-8PM & SATURDAYS, 9AM-11AM

NOVEMBER-DECEMBER / THURSDAYS, 7-9:30PM & SATURDAYS, 9AM-11AM

FREE

### SPECIAL EVENTS

#### HOLIDAY CRAFT FAIR

SATURDAY, NOVEMBER 14, 10AM-4PM

LOCATION: MONTFORD RECREATION CENTER

KICK OFF THE HOLIDAY SHOPPING SEASON WITH A VISIT TO OUR FIRST HOLIDAY CRAFT FAIR.

ENJOY SHOPPING AT THE VENDOR TABLES, DEMONSTRATIONS, RAFFLES AND FOOD.

EVENT IS FREE FOR PATRONS; VENDORS \$15 PER BOOTH SPACE.



ASHEVILLE  
Parks & Recreation



WWW.ASHEVILLENC.GOV/PARKS  
WWW.FACEBOOK.COM/APRCA