Montford
Recreation Center

Adult Programs & Center Information

Montford Recreation Center
34 Pearson Drive, Asheville
(828) 253-3714
montfordr@ashevillenc.gov
www.ashevillenc.gov

Basic Drawing Workshop
Thursday, May 29, 5:30-7:30pm
Taught by Dr. Mary McDermott of the Urban Art Retreat & Studio, students will learn how to draw basic shapes in nature, how to set up composition and how to use drawing tools. Registration includes pencils and paper. Space is limited so sign up soon! Fee:$26

Martial Arts- Gong Fu
Tuesdays, 6:30-8pm
Join instructor Mark Small of the Carolina Wushu Association for this adult class.
Fee: $10/class.

Community Adult Basketball
Wednesdays, 5:30-8pm
Staff run half court pickup games; free shooting on the other half of court. Games follow 15 min clock. Bring a picture ID. Fee: $1

Yoga
Tuesdays and Thursdays, 8-9am.
Bring your yoga mat and come ready to relax! No pre-registration required. Fee: $3/class.

Community Volleyball
Tuesdays, 5:30-8pm
Staff runs two courts of adult volleyball. Games follow 15 point rally scoring.
Bring a picture ID. Fee: $5

GENERAL CENTER PROGRAMS & INFORMATION

Indoor Climbing Wall
Mondays and Thursdays, 5:30-8pm
For beginners to advanced! $5/2hour wall access. Harness and shoe rentals for $2/each per session. Belayers $9/hour (must be scheduled in advance). Belay Card classes $25/person. The wall is also available for group rentals – ask for details!

Community Yard Sale
Saturday, Sept 6, 8am-1pm
During the spring and fall, we offer yard sales to help fund youth programs.
Pre-paid registration is required beginning July 1st. Tables are just $5.

12th Annual Hot August Night 5K
Saturday, August 16, 7pm
Register online at www.active.com or at www.ashevillenc.gov/parks. Walkers are welcome! This event is co-sponsored by Jus-Running and Asheville Track Club. Pre-registration is required. $20/adults; $15/youth 10 & under. $5 discount if registered by August 8.

Affiliate Programs - Free!

Table Tennis Mondays: 5:30-8pm & Saturdays, 11-2pm

Badminton Thursdays: 5:30-8pm & Fridays, 5:30-7:30pm

Montford Park Players
The Montford Park Players host North Carolina's longest running Shakespeare festival. Founded in 1973, the theatre presents the works of Shakespeare and other playwrights free to the public in the Hazel Robinson Amphitheatre each weekend during the summer, as well as an annual production of A Christmas Carol in December. A volunteer-based organization, the Montford Park Players provides top-quality, educational and entertaining productions of classic drama in a pastoral outdoor setting. For more information visit their website at www.montfordparkplayers.org.

Montford Neighborhood Association
Meetings are held the third Tuesday of the month at 7pm for neighbors to find out what's going on in the community. Check out the website at www.montford.org.

Montford Center Advisory Board
Members of this board have the opportunity to work directly with center staff to implement center events and programs. If you are interested in participating on this board, please call the center.

Montford Center Information
All visitors must sign in and show a picture ID when you enter the facility. No large bags, hats, bandanas or colors will be permitted. Please carry in your gym shoes. No food or drinks in the gymnasium. A full list of recreation center rules are available inside. Let us know if you would like to be added to our email list for future program information!

Visit http://www.ashevillenc.gov/parks or call 828-253-3714 for more information or to register.

Asheville
Parks & Recreation
www.ashevillenc.gov/parks
(828)259-5800