Adult Athletic Programs

Winter/Spring 2015

Asheville Parks and Recreation Offices
72 Gashees Creek Rd.
Asheville, NC 28805

Bryan Fish, Asst. Program Supervisor-Adult Athletics
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All Parks and Recreation Adult Athletics programs are established to provide wholesome recreational opportunities for residents of the community of all skill levels and ages. Emphasis is placed on fair play and sportsmanship.

The Athletics Division offers a variety of team and individual sports programs, leagues, and events for youth and adults, in both traditional and contemporary athletic venues. These programs enhance the health and well being of the participants involved, as well as impacting the social and economic wellness of the community.

Form your team and have a team representative attend the informational meeting to receive registration instructions.

Winter & Summer Volleyball, Dual-Gendered

Informational Meetings:
Winter: January 8, 6:30pm; Season: January-April, Monday-Thursday
Summer: May 14, 6:30pm; Season: June-July, Monday-Thursday
Recreation Office, 72 Gashes Creek Road
Ages: 18+ (16 & 17 year olds may play with parental permission)
Fee: $200 entry fee/team plus $25 non-Asheville resident fee

Spring/Summer Softball, Men and Coed

We offer a number of different leagues for men, women and Coed with varying degrees of skill levels over 2 seasons of play.
Informational Meeting:
March 19, 6:30pm for Men and 8pm for Coed
Linwood Crump Shiloh Complex, 121 Shiloh Road
Season: April-July, Monday-Thursday & Sunday
Ages: 18+ (16 & 17 year olds may play with parental permission)
Fee: $600 entry fee/team plus $25 non-Asheville resident fee

Ultimate

We offer Ultimate through the Asheville Ultimate Club. Play is every Wednesday night throughout the year at Memorial Stadium. For more information, visit www.ashevilleultimate.org.

Soccer

Asheville Parks & Recreation co-sponsors adult soccer with the Asheville Buncombe Adult Soccer Association (ABASA). ABASA offers recreational leagues for varying skill levels. Registration and league information is on-line at www.abasa.info or you may call 828-299-7277.

Cycling

"Rumble on the River" is geared bike racing designed as a training series for all ages and skill levels. Novice or inexperienced riders are welcome. The series takes place on Wednesday nights at Carrier Park from May through September.

Rugby

Asheville Parks & Recreation offers rugby as a club sport with men and women teams through the Asheville Rugby Football Club. For more information visit www.ashevillerugby.com

Lacrosse

Asheville Parks & Recreation offers lacrosse as a club sport for men and women through the Asheville Lacrosse Club. For more information visit ashevillelacrosse@charter.net

Disc Golf

Asheville Parks & Recreation offers one of the finest disc golf courses in the southeast at Richmond Hill Park. Leagues and competitions are offered through the Western North Carolina Disc Golf Club. For more information visit www.wncdiscgolf.com

Asheville Parks & Recreation

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