

# SENIOR OPPORTUNITY CENTER

## PROGRAMS AND EVENTS

SENIOR OPPORTUNITY CENTER  
36 GROVE STREET  
ASHEVILLE, NC, 28801  
KIM ISLEY, CENTER DIRECTOR  
KISLEY@ASHEVILLENC.GOV  
(828) 350-6062  
OPERATING HOURS:  
9AM-4PM MONDAY - FRIDAY



### SENIOR CONGREGATE DINING PROGRAM FOR SENIORS 60+ MONDAY-FRIDAY, 9AM – 1PM

JOIN US FOR A VARIETY OF PROGRAMS EACH MORNING INCLUDING CHAIR EXERCISE, GUEST SPEAKERS, HEALTH INFORMATION, BLOOD PRESSURE CHECKS, CHAIR MASSAGE, CRAFTS, MONTHLY “OUT TO MUNCH” AT A LOCAL RESTAURANT, BINGO, AND MUCH MORE!!

THIS PROGRAM IS CO-SPONSORED BY BUNCOMBE COUNTY COUNCIL ON AGING. REGISTRATION NECESSARY FOR THE DAILY MEALS. ALL ACTIVITIES ARE FREE EXCEPT BINGO-1ST CARD IS FREE, OTHERS 25¢ EACH. DONATIONS ACCEPTED FOR THE MEAL BUT NOT REQUIRED

### AFTERNOON POTTERY TUESDAY, 2 PM - 4 PM

THIS PROGRAM IS FOR SENIORS 55+. STARTER CLAY AND ALL MATERIALS WILL BE PROVIDED. WORK AT YOUR OWN PACE. WE HAVE A KILN AND POTTER’S WHEELS ON SITE.

12 WEEK SESSION IS \$45.

### MORNING POTTERY WEDNESDAY, 10 AM – NOON

THIS PROGRAM IS FOR SENIORS 55+. STARTER CLAY AND ALL MATERIALS WILL BE PROVIDED. WORK AT YOUR OWN PACE. WE HAVE A KILN AND POTTER’S WHEELS ON SITE.

12 WEEK SESSION IS \$45

### BID WHIZ CARD PLAYERS WEDNESDAY, 1:30PM – 4PM

COME JOIN THIS FUN LOVING GROUP AND ENJOY SOME FRIENDLY “CARD TABLE COMPETITION”!!!

FREE

### AFTERNOON ACRYLIC PAINTING WEDNESDAY, 2 - 4PM

AGES 55+. INSTRUCTION, TWO CANVASES AND PAINTS SUPPLIED.  
\$15/ MONTH.

### AFTERNOON SEWING THURSDAY, 2 - 3:30PM

BRING YOUR OWN SEWING PROJECT AND MATERIALS-SEWING MACHINES AND BASIC ASSISTANCE AVAILABLE.

FREE

### OPEN-TO-THE-COMMUNITY PAINTING TUESDAY AND FRIDAY, 2 – 3:30PM

BRING YOUR OWN MATERIALS AND PAINT AMONG FRIENDS!

FREE

### BILLIARDS MONDAY – FRIDAY, 9AM-4PM

COME ON IN AND SHOOT SOME POOL. NO RESERVATIONS NEEDED. NEWCOMERS WELCOME!

FREE



**ASHEVILLE**  
Parks & Recreation  
WWW.ASHEVILLENC.GOV/PARKS  
(828)259-5800

