

# YOUTH ACTIVITY GUIDE



**Afterschool, Athletics & More!**  
**Fall/Winter 2014-2015**



**ASHEVILLE**  
Parks & Recreation



## Asheville Parks & Recreation

### Street Address:

70 Court Plaza  
Asheville, NC 28801

### Mailing Address:

PO Box 7148  
Asheville, NC 28802  
828-259-5800

[www.ashevillenc.gov/parks](http://www.ashevillenc.gov/parks)

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[www.facebook.com/APRCA](http://www.facebook.com/APRCA)

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**Register today.**  
**Space is limited!**

**ASHEVILLE**  
Parks & Recreation



## Contact Information

### Program Supervisors

Allison Dains 828-251-4081  
adains@ashevillenc.gov

Dee Black 828-259-5809  
dblack@ashevillenc.gov

### Burton Street Center

Shateisha Lenoir 828-254-1942  
slenoir@ashevillenc.gov

### Dr. Wesley Grant Sr. Southside

Randy Shaw 828-259-5483  
rshaw@ashevillenc.gov

### Linwood Crump Shiloh Center

Tameka Crudup 828-274-7739  
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### Montford Recreation Center

Kim Kennedy 828-253-3714  
montford@ashevillenc.gov

### Oakley Recreation Center

Community Outreach  
828-259-5800

### Stephens-Lee Center

Ryan Seymour 828-350-2058  
rseymour@ashevillenc.gov

### Therapeutic Recreation

Randy Shaw/Lori Long  
828-259-5483  
rshaw@ashevillenc.gov  
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### Youth Athletics

Kim Turner 828-232-4526  
kturner@ashevillenc.gov

### General Information

City Hall Offices  
828-259-5800  
parks@ashevillenc.gov

## Welcome!

Asheville Parks & Recreation invites your child to have a great afterschool experience. Our programs are a safe place for learning, adventure, and fun. Your child will discover old and new friends, experience the excitement of trying something new, and have an awesome time! Programming is purposeful and age-appropriate so all children have the opportunity to reach their potential as they engage in fun and meaningful activities.

## General Information

### Financial Assistance

Reduced fees for afterschool are available for families currently participating in free/reduced meal programs at their child's school. A verification letter should be obtained through your school system nutrition offices. The reduced fee schedule is located on page 3.

### Payment Policy

Payment must be received to secure placement and is due at the time of registration. See your Center Director for further details.

### Wait List

There is no charge to be placed on a wait list and participants will be notified in the order received. We cannot secure placement until registration & payment are received.

### Cancellations/Refunds

We reserve the right to cancel programs due to low enrollment or conditions beyond our control. If we cancel a program in which your child is enrolled, you will be given a full refund or credit. If you cancel a registration, cancellations must be in writing and submitted two weeks before the start of the program. With this notice, any balance will be refunded or credited.

## How to Register

### ONLINE:

[www.ashevollenc.gov/parks](http://www.ashevollenc.gov/parks)

Register online 24 hours a day at [www.ashevollenc.gov/parks](http://www.ashevollenc.gov/parks) with WebTrac! Have a Visa or MasterCard ready as full payment is required for online registration. For assistance, call Asheville Parks & Recreation at 828-259-5800.

### WALK-IN REGISTRATION:

Walk-in Registration is available at each facility. Cash, checks, Visa and MasterCard accepted. Please make checks payable to Asheville Parks and Recreation.

#### Burton Street

134 Burton Street

#### Grant Center

285 Livingston Street

#### Montford Center

34 Pearson Drive

#### Linwood Crump Shiloh Center

121 Shiloh Road

#### Stephens-Lee Center

30 George Washington Carver

### BY PHONE:

By calling the Recreation Center directly. Visa and MasterCard payments only.



**Vance Afterschool**

August, 2014-June, 2015  
 Monday-Friday 2:30-6pm  
 For ages 5-12. NC-licensed child care program. Supervised recreation and enrichment activities including arts and crafts, games, sports, science, music, dance, homework time and special events. Meets at Vance Elementary School gym. Afterschool staff is certified in First Aid and CPR. Nutritious snacks are provided daily.

Registration Fee: \$25/child or \$40/family

Fee: \$60/week, \$55/week for siblings

Asheville City residents receive a \$5 discount on weekly fees!

For more information or to request a registration packet, contact Roger Tweed or Sandy Tweed at (828) 350-6611 or Dee Black at [dblack@ashevillenc.gov](mailto:dblack@ashevillenc.gov)

**Teen Leadership Program**

August, 2014-June, 2015  
 Monday-Friday, 3:30-5:30pm  
 Looking for a cool and enriching alternative for your Teen to attend this school year? This is the program for you...we offer creative activities, diverse projects, field trips, and more.  
 For 6<sup>th</sup>-9<sup>th</sup> graders.

City schools-Begins August 19  
 County schools-Begins August 20  
 Fees: August-\$20, September-\$40, October-\$50, November-\$40, December-\$30, January-\$40, February-\$40, March-\$40, April-\$30, May-\$50

Locations: Burton, Grant, Shiloh, and Stephens Lee.

Contact the Center for details.

**Afternoon Adventures**

August, 2014-June, 2015  
 Monday-Friday, 2:45-5:30pm  
 Do you enjoy having fun and making new friends? This is the place for you. Children will enjoy arts, crafts, group games, special events, homework assistance and more! Pre-registration is required. Open on teacher workdays, some holidays and snow days.  
 Locations: Burton, Grant, Montford, Stephens-Lee & Shiloh.

**Monthly Fees:**

*Fees vary monthly based on the number of schooldays in the month.*

August	\$ 80
September	\$160
October	\$200
November	\$160
December	\$120
January	\$160
February	\$160
March	\$200
April	\$160
May	\$160
June	\$ 40

The fees below apply to families currently enrolled in the school system's reduced or free meal program.

August	\$20
September	\$40
October	\$50
November	\$40
December	\$30
January	\$40
February	\$40
March	\$50
April	\$40
May	\$40
June	\$10

## **Burton Street Center**

### **LEAF in Schools and Streets**

Fall/Winter/Spring

Wednesdays, 3-4pm

LEAF brings a magnificent artist to help us explore the world through movement, song, and creativity!

**FREE**

### **Primped and Polished**

#### **Pre-Professionals**

2<sup>nd</sup>-6<sup>th</sup> Grade

Tuesdays, 6-7:30 pm

7<sup>th</sup>-12<sup>th</sup> Grade

Thursdays, 6-7:30pm

Designed to help young ladies maximize their full potential. We provide fun innovative lesson plans and activities that make for a competent young lady. Local business professionals volunteer their time and work experience to help each child succeed. This program is an awesome stepping stone for improving self confidence and exploring endless opportunities.

**FREE**

### **Girl Scouts**

Tuesdays, 3-4:30pm

In partnership with the local Girl Scout troop, this program is designed to work with girls 6-12 years of age. Through a variety of experiences such as field trips, skill building clinics, community service projects, and environmental stewardships, girls will grow courageous and strong.

**FREE**



## **Dr. Wesley Grant Sr. Southside Center**

### **Afternoon in the Park**

September 8-October 27

Mondays, 5:30pm-6:30pm

For Southside neighborhood youth ages 6+. Come out and join us for an afternoon in the park as the Grant Center staff host fun games and activities at Walton Street Park.

**FREE**

### **Girl Scouts**

Tuesdays, 5:30-6:30pm

In partnership with the local Girl Scout troop, this program is designed to work with girls 6-12 years of age. Through a variety of experiences such as field trips, skill-building clinics, community service projects, and environmental stewardships, girls will grow courageous and strong.

**FREE**

### **Youth Drumming Program presented by LEAF in Schools and Streets**

September, 2014-May, 2015

Wednesdays, 4-5pm

Want to learn about a variety of percussion instruments? Come develop drumming skills and prepare for a variety of community performances.

**FREE**

## **Stephens-Lee Recreation Center**

### **FITKids**

September 16-October 16

Tuesdays & Thursdays, 4-5pm

Ages 6-11 are invited to join us for this 4-week series on how to lead a fun active lifestyle.

**Fee: \$10 per session**

### **Break Dance Class**

Wednesdays, 6-8pm.

Come get your groove on and learn to break dance. Open to all ages.

**FREE**



## **Linwood Crump Shiloh Center**

### **Girl Scouts**

August 26 - December 16  
Tuesdays, 3:15-4:15pm  
In partnership with the local Girl Scout troop, this program is designed to work with girls 6-12 years of age. Through a variety of experiences such as field trips, skill building clinics, community service projects, and environmental stewardships, girls will grow courageous and strong.

**FREE**

### **Jump 2B Fit Program**

September 5 - December 19  
Fridays, 4-5:30pm  
Learn the skill of jumping rope individually and as a team while competing against time. This program gives youth and teens another way to engage socially and have fun, while maintaining body composition, coordination, timing and rhythm, speed, balance, and agility!

**Fee: \$10 per month**

### **LEAF in Schools and Streets**

September 8-December 15  
Mondays, 4:15-5:15pm  
LEAF brings a magnificent artist to help us explore the world through movement, song, and creativity!

**FREE**

## **Montford Recreation Center**

### **Bump Set Spike**

### **Youth Volleyball**

September 23-November 18

2<sup>nd</sup>-4<sup>th</sup> Grades

Tuesdays, 6-7pm

5<sup>th</sup>-6<sup>th</sup> Grades

Tuesdays, 7-8pm

Youth learn the basics of volleyball through drills and recreational games. (No class on October 14.)

Pre-registration is required.

**Fee: \$35 (Asheville City residents receive a \$10 discount!)**

### **Community Basketball-Family (Youth with Parent)**

Tuesdays & Thursdays, 3:30-5pm  
Come play! The gymnasium is open for free play with basketballs and gym equipment.

**FREE**

### **Youth Tennis**

September 10-October 29

Wednesdays, 4-5 pm

For youth in 2<sup>nd</sup>-5<sup>th</sup> grades. Come learn to play team tennis! Kids will be taught by USTA/ACE trained instructors.

Pre-registration is required.

**Fee: \$10 per child**

### **Developing Future Male Leaders**

September 11-December 18

Thursdays, 6-8pm

Males ages 8-14 work with adults to develop leadership skills through guest speakers, training activities and community service projects. Monthly themes guide the program plans.

Capacity: 20 youth

Pre-registration is required.

**Fee: \$5 for fall session**

## **Diamonds in the Rough: Developing Future Female Leaders**

September 11-December 18

Thursdays, 6-8pm

Females in grades 7-9 work with adults to develop valuable leadership skills. This program is designed to encourage sisterhood, self-esteem and education among girls and focuses on developing good study habits, goal setting, lifestyle education and college tours.

Capacity: 20 youth

Pre-registration is required.

Fee: \$5 for fall session

## **Holiday Gift Making**

Tuesday, December 9, 4-5:30pm

For youth in grades K-5. Join us and make 3 holiday gifts to give to family and friends.

Pre-registration is required.

Fee: \$10 per child

## **Prehistoric Pals**

November 3-17

Mondays, 4-5pm

Youth 4-7 years explore the world of dinosaurs through games, crafts and stories.

Pre-registration is required.

Fee: \$10 per child



## **Oakley Recreation Center**

### **September –December**

Do you enjoy creating new fun artwork? Small group after-school visual art classes, taught by local artist/licensed art teacher Richmond Smith. Drawing, painting, printmaking, sculpture, and ceramics for youth grades K-8.

Grades K-3, 3-4pm

Fee: \$70 per session or \$10 per class (all supplies are included)

Grades 4-8, 4-5:30pm

Fee: \$105 per session or \$15 per class (all supplies are included)

Sibling Discount: Full price for first child, half off for second child

### **SESSION 1**

#### **Drawing and Painting**

September 8-October 24

#### **Drawing from Observation**

Mondays

Students will be doing a wide variety of different exercises in order to become better at drawing. By the end of the class youth will have some amazing skills and many wonderful drawings!

#### **Awesome Acrylic Painting**

Wednesdays

Learn the basics of using acrylic paint, how to use certain gel mediums, learn about color theory and how to use different tools and brushes in this fun acrylic painting class.

#### **Papermaking and Watercolor**

Fridays

Students will learn how to make paper and then use it in watercolor paintings. We will also learn a wide variety of tricks and techniques, color theory, and how to use different layers of color to create beautiful watercolor paintings.

## Oakley Recreation Center Continued

### SESSION 2

#### **Clay, Sculpture, and "Fun"ctional Artwork**

October 29 - December 19

#### **"Fun"ctional Artwork Mondays**

Just in time for the holidays, students will create a wide variety of different "fun"ctional artworks including a painting turned into a clock, a screen print onto a T-shirt, and a sculptural mug or vase!

#### **Clay Creations Wednesdays**

Students will learn different hand building projects of pinch, slab, and coil to create different sculptural clay projects including their own imaginary animal or creature bank (like a piggy bank), a face vase or mug, and sculptural salt and pepper shakers.

#### **Fridays SCULPTacular**

Students will explore different ways to create three-dimensional sculptures from their own imaginations. Younger students will be creating their own large paper mache monsters. Older students will create a figurative sculpture out of wire and plaster, a small paper mache creature, and their own creative sculpture using clay and found objects.



## Therapeutic Recreation

### **TR Superstars**

September 9-December 19  
Tuesdays & Thursdays, 3-5:30pm  
An afterschool program for individuals with a disability or physical limitation, offering structured programs planned and implemented by a Licensed Recreational Therapist and volunteers. Participants can explore their leisure interests while socializing with peers. A partnership between Asheville Parks & Recreation and Empower Autism. Limited to 12 participants. Must meet eligibility requirements  
Location: West Asheville Center  
Fee: \$15 (Asheville City residents receive a \$5 discount!)

### **Adapted Flag Football**

August 30-October 18  
Saturdays, 9:30-11am  
A non-competitive football program designed for boys and girls ages 6-25 with disabilities. Players will learn basic football skills while having fun. Register online August 4-16 or in person August 15 from 6 to 8pm and August 16 from 1 to 4pm at the West Asheville Center.  
Location: MLK Jr. Park  
Fee: \$45 (Asheville City residents receive a \$5 discount!)

### **Adapted Bowling**

November 1-December 6  
Saturdays, 12-2pm  
A 5-week bowling program for persons with different abilities ages 6+. Games will be adapted as needed with ramps and bumpers. A non-competitive league, with the focus on FUN! Registration begins October 13 by calling the TR Office at 259-5483  
Location: AMF Star Lanes  
Fee: \$75 (Asheville City residents receive a \$5 discount!)

## Youth Athletics

### **Flag Football**

September-October

An NFL youth flag football program offered for boys and girls in 2<sup>nd</sup> through 8<sup>th</sup> grades. This program is coed and will be broken up into age groups depending on the number of participants. Teams will be based out of the recreation centers, so choose the facility that is most convenient for your family for practice purposes. Teams practice once per week and have one game per week. Most games will be played on Saturdays.

Registration: Closes August 29

Fee: \$15

Asheville City residents receive a \$5 discount!



### **Basketball**

November-Mid-February

For boys and girls in 3<sup>rd</sup> – 6<sup>th</sup> grades. This program is coed and teams will be divided by age group depending on the number of participants. Teams will be based out of the recreation centers, so choose the facility that is most convenient for your family for practice purposes. Teams will practice once per week and have one game per week. Most games will be played on Saturdays.

Registration: Opens September 8 and closes October 10

Fee: \$15

Asheville City residents receive a \$5 discount!

### **Indoor Soccer**

January-March

Youth indoor soccer for boys and girls grades K-8<sup>th</sup> grade. Teams will be based out of the recreation centers, so choose the facility that is most convenient for your family for practice purposes. Teams will practice once per week and have one game per week. Most games will be played on Saturdays.

Registration: Opens October 27 and closes December 1

Fee: \$15

Asheville City residents receive a \$5 discount!

### **To register for flag football, volleyball, basketball, or indoor soccer:**

Contact your local recreation center by phone or in person. You can also register online 24 hours a day at

[www.ashevillenc.gov/parks](http://www.ashevillenc.gov/parks).

### **Youth Golf Program**

September-Mid-October

Introducing our new 6-week youth golf program for ages 10-14! This program will be taught by a PGA golf professional from the Asheville Municipal Golf Course and will teach the basics of golf including driving, chipping, putting, and golf etiquette. The class will meet on Thursdays, 4-5pm. For details or to register, contact Kim Turner at 828-232-4526 or [ktturner@ashevillenc.gov](mailto:ktturner@ashevillenc.gov).

You can also register online at [www.ashevillenc.gov/parks](http://www.ashevillenc.gov/parks).

Fee: \$75



# FALL 2014 TODDLER PROGRAMS

NEW  
PROGRAMS

Check out all the fun things going on this fall for the little ones in the family!

Registration begins Monday, August 18 at [www.ashevillenc.gov/parks](http://www.ashevillenc.gov/parks)

or by visiting the program Center location.

All programs begin the week of September 8th.

## Stephens-Lee Center

### *Musical Mondays*

Mondays, 10-11 am, Free Play 11 am-noon  
Experience the world of music. Toddlers will enjoy drumming, dancing, singing and moving to the beat.

### *Tumbling Tuesdays*

Tuesdays, 10-11 am, Free Play 11 am-noon  
Learn the basics of tumbling! Toddlers will stretch those muscles through jumping, forward rolls, skipping and so much more.

### *Tiny Tykes*

Wednesdays & Fridays, 10 am-noon

Organized crafts & active play - a great way for you and your toddler to socialize! Ask about the full session discount rate.

### *Start Smart*

Thursdays, 10-11 am, free play 11 am-Noon.

Start Smart Sports Development Program is a parent-child participation program for ages 2-5 and focuses on general motor skills like catching, kicking and throwing.

### *Super Saturday Sampler*

Saturdays, 10-11 am, Free Play 11 am-noon

Toddlers will get a taste of all the fun programming that occurs during the week in

Asheville Parks and Recreation toddler programs.



### *Read and Cook*

Toddlers listen to a story and do a cooking activity relating to the book. Games and crafts are included in the fun.

### Montford Center

Mondays, 10-11 am

Session I: September 8-29

Session II: October 6-27

Session III: November 3-24

### Burton Street Center

1st Wednesday of each month, 10-11 am

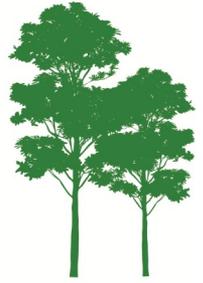
**ASHEVILLE**  
Parks & Recreation



FOR MORE INFORMATION VISIT  
[WWW.ASHEVILLENC.GOV/PARKS](http://WWW.ASHEVILLENC.GOV/PARKS)

ASHEVILLE PARKS & RECREATION ●

# movies in the PARK



Join us this fall for movies under the stars!

Saturday, September 20, 2014

Saturday, October 18, 2014

Visit [www.ashevillenc.gov/parks](http://www.ashevillenc.gov/parks) or call 828-259-5800 for more info.



## Breakfast with Santa

\$8 Admission includes:  
A Pancake Breakfast  
Your Picture With Santa  
Holiday Craft Activity  
and more!

Reservations are required.

1st seating: 9:00 a.m.

2nd seating: 10:30 a.m.

## Saturday, December 13th

Dr. Wesley Grant Sr., Southside Center  
285 Livingston Street, Asheville

Visit [www.ashevillenc.gov/parks](http://www.ashevillenc.gov/parks) or call 828-259-5800 for details.

# Stay Up to Date!

Jump online and see what we're up to at Asheville Parks and Recreation. Visit [www.ashevilenc.gov/parks](http://www.ashevilenc.gov/parks) for all the fall offerings and sign up to receive our monthly e-News letter.

Programs and events for the whole family: From adult Zumba & Toddler Tumbling to Doggie Dip & Watercolor and Wine. New things are being added all the time. Also be sure to check us out and like us on Facebook! Stay informed about programs, contests, and special deals. . . even the schedule for Splasheville! You may be the next person to win a Parks and Recreation prize pack! [www.facebook.com/APRCA](http://www.facebook.com/APRCA).



**ASHEVILLE**  
Parks & Recreation

